



REHABILITATION AND ORTHOPEDIC CENTER --- of *Kaua'i*

March 16, 2020

Re: An important message to our R.O.C.K. Physical Therapy community

R.O.C.K. Physical Therapy has always been committed to keeping our patients, staff and families safe and healthy. We value the health and well-being of all our employees, patients and our community. R.O.C.K. Physical Therapy will **REMAIN OPEN** during these uncertain times to serve our community. We are always vigilant with our sanitizing protocols and measures in order to minimize the contracting and/or transmission of any infectious disease. Nevertheless, with the ongoing concern of the novel coronavirus (COVID-19), we are paying especially close attention to recommendations from the County of Kauai, the State of Hawaii and/or the Centers for Disease Control and Prevention (CDC).

Currently, the staff of R.O.C.K. Physical Therapy is increasing our efforts at cleaning and sanitizing our clinic space, especially furniture and equipment that come into contact with the staff, our patients and our patients' families. Our staff is continuing to use high level disinfectant cleaning products (anti-microbial, anti-bacterial and anti-viral) and has increased the frequency of cleaning of all surfaces including, but not limited to door handles, mats, tables, and rehabilitation equipment. We will be abiding by the CDC recommendations of social distancing by attempting to limit that amount of people within that clinic to no more than **10** at any given time.

Here is what R.O.C.K. Physical Therapy is asking of our patients and their respective family members:

- If you have a small cough and/or are feeling unwell, please stay home.
- Wash your hands often and well with soap and water for at least 20 seconds
- Reduce physical contact with other – it's okay not to hug and kiss hello. Consider a fist bump or shaka
- Alert us as soon as possible if you have been to our clinic recently and experience symptoms or have been diagnosed with COVID-19.

We here at R.O.C.K. Physical Therapy thank you for your continued support of our business. Should you have any questions or would like to address this current situation further, please reach out to us.

Mahalo!

R.O.C.K. Physical Therapy

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